

President's Activity Report for January 2011

1. Meeting with St. Margaret's Center and the American Diabetes Association to Plan the Diabetes Prevention classes.
2. Supervisor Mark Ridley Thomas's Empowerment Congress at USC with featured speaker California Attorney General, Kamala Harris. Attended Social Justice through the Arts breakout session. Attendance at the event was 1,500
3. Scholarship Orientation Program
4. Los Angeles City Controller Wendy Gruel's Women's Dialogue, Women in Philanthropy with Antonia Hernandez, California Community Foundation; Elise Buik, President and CEO, United Way of Los Angeles; Jacqueline Caster, President, EveryChild Foundation
5. Meeting with the Director of Consumer Affairs and Dr. Singhal, Medical Director, the Office of Women's Health, and Supervisor Yaroslavskey's representative, Julie Novosel, Director, Valley Care Community Consortium to plan a women's consumer health campaign for Women's Health Month in May. (survey included in report)
6. Meeting with Commissioner Duba and Maria Caballero to discuss next steps for the scholarship program, 5k Run/Walk and to follow-up on Commissioner Tanberg's recommendations for marketing the scholarship program. (See Attached recommendations)
7. Commissioners Rodriguez and Gravely's meeting with Latin American Delegation (Item 8 of 02/14/11 Agenda)
8. April 25, 2011 – Appointment Training Session on County-Level Commissions to be hosted by Junior League of Los Angeles.

Ideas for marketing scholarships:

1. Table with group photo of girls and visual barometer to indicate how their contribution relates to funding one girl for a college class (color in as \$\$ donated) in the reception area at the luncheon
2. Photo and short (2-3 sentence) bio of scholarship recipient at luncheon tables
3. Small donation envelopes at tables to make it VERY easy to make a contribution
4. Invitations should have option to donate to scholarship, in addition to attend/unable to attend.
5. Full page add in souvenir journal: pictures, highlight success stories, quotes from girls, orientation curriculum stats on nursing shortage, impact of college degree on employment of women
6. If possible, have a scholarship recipient present; speak for one minute, wear a sash and sit at table in reception area
7. Portrait raffle
8. Send out invitations to nursing schools, nursing associations, other alumni or scholastic organizations specifically to draw support for scholarship donation; not necessarily attendance at the luncheon
9. Update LACCW website to also focus on opportunity to support at-risk girls college scholarship
10. Focus letter with or aside from luncheon invitation to businesses / organizations highlighting our history of success, vetted referral sources, application selection process, follow up with girls, etc... inviting them to contribute funds, receive public acknowledgement / write off, with LACCW taking care of the full administrative burden. Price point to name the scholarship after their organization or a persons name.
 - Have Supervisors commit to using discretionary funds to sponsor "X" number of scholarships from their district.

Hi Yolanda,

Great to speak with you today! We would love to have the commission join us for our appointments training session on the county-level commissions on **April 25th at our headquarters in Los Angeles.**

We are hoping to open up the session with representatives of those that conduct the appointments process (Board of Supervisors' staff) and then bring you guys in for the second half (around **7:45PM**) to perhaps have a panel discussion on what the appointments process was like for you as well as your experience on the commission itself (in addition to any other public board or commission appointments)? We're just hoping to provide the participants with a behind the scenes look at not only the appointments process, but what it's like to take part in a commission.

Here's the address of our headquarters in Los Angeles (Rainey House). We'll be in the training room.

***Junior League of Los Angeles
640 N. Larchmont Blvd.
Los Angeles, CA 90004***

Please let us know if you're able to join us - would be a great opportunity to educate and encourage women in the community to engage in civic leadership!

Here's our website for ABCI for additional information: <http://www.jlla.org/?nd=abci>

Additionally, I'll be following up with our Aviva Co-Chairs to find out more about possibly joining forces with your scholarship program - as the etiquette training is something our members already do with Aviva (<http://www.avivacenter.org/>). Would love to get more information about your program to share with the co-chairs if possible?

Finally, here's my address for the Workplace Flexibility Forum invitation: 4240 Lost Hills Rd, Unit 1805, Agoura Hills, CA 91301.

Thanks so much again for your call and look forward to working with you!

Regards,
Jen

A Healthy You Survey

[Exit this survey](#)

1.

*** 1. Tell us about you:**

Name:

Age:

Number of Children:

2. Please select the items that best fit:

- ☐ Still in High School
- ☐ Working on GED
- ☐ Currently attending Adult Education Program
- ☐ Currently in Community College
- ☐ Currently enrolled in four year college program

Other (please specify)

3. How often did you see a primary care physician in the past three years?

- ☐ Zero times in during last three years.
- ☐ One time
- ☐ Two times
- ☐ Three times
- ☐ Four times
- ☐ Five times
- ☐ Six times
- ☐ Between 7 and 10 times

Other (if over 10 times please specify how many times and reason)

4. Please list the top three reasons for visiting a primary care physician.

*** 5. Do you feel comfortable asking your doctor questions regarding your body and health?**

- ☐ Yes
- ☐ No
- ☐ Sometimes

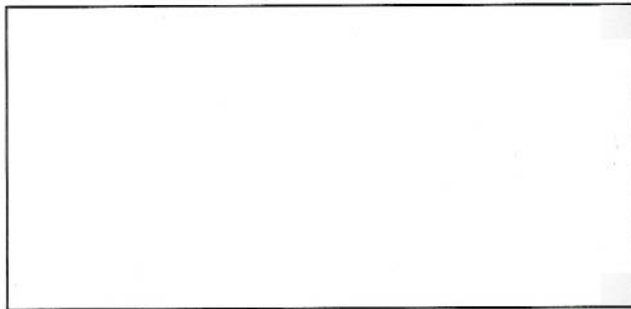
6. Have you ever left your doctors office wishing you would have asked a question but did not? If so what type of question would you like to have asked?

7. Please rank in order of importance the following list of issues that may be of concern for young women between the ages of 18 and 26 years old. Also if there is an issue not on the list that you feel should have been included please add it as other and describe why it should be on the list.

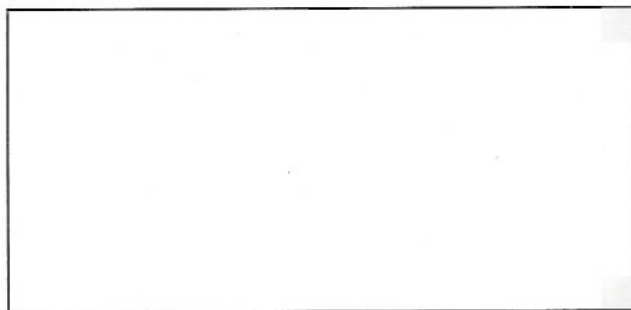
	Very important	Important	Somewhat important	Not important
Acne	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Birth control	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Depression	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drug/Alcohol Dependency	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
HIV/AIDS	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Menstrual issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Overweight/Obesity issues	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pregnancy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sexually transmitted diseases	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Vision problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Weight control	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Other (please specify)

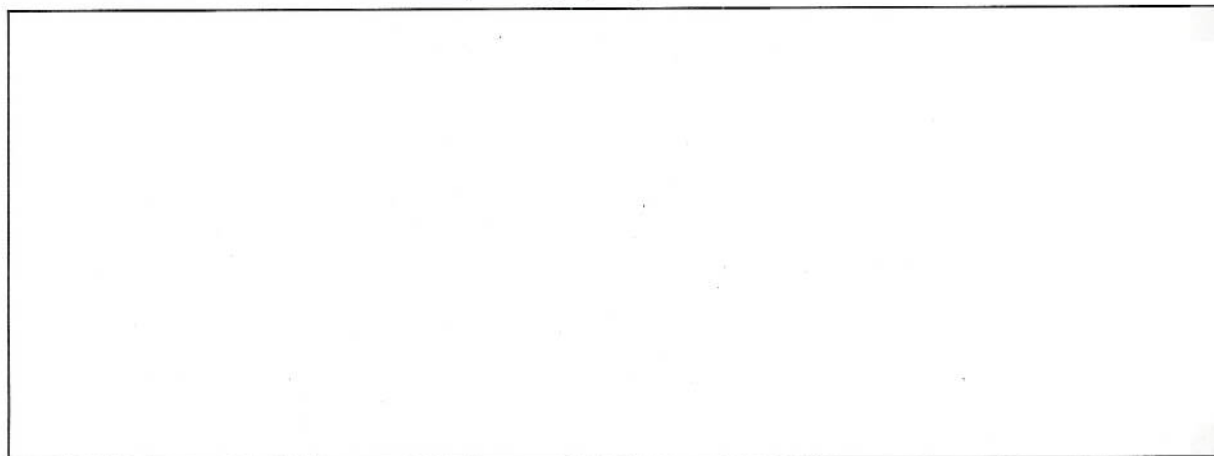
8. Please list three questions that you feel most comfortable asking a physician about and three questions that you feel are important but may be embarrassed or self conscious asking.



*9. If you could ask a physician a health related question about you right now what would that question be?



*10. If a public service announcement were created to address the importance of young women advocating for their health by asking questions of their physicians who do you think would appeal to women your age? It is important to get out the message so in addition to who what do you feel is the best method to reach women of your age group?



Done

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